

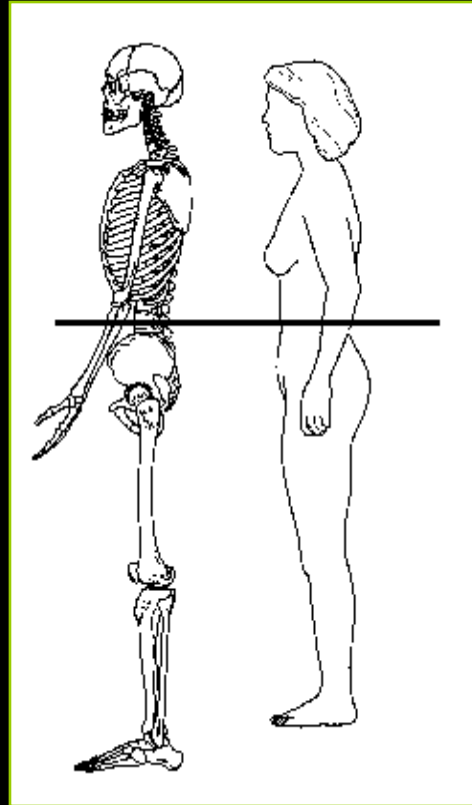
Vital Statistic – Waist Circumference



Vital Statistic: Waist Circumference



Waist Circumference



- Waist circumference should be measured at a level midway between the lower rib margin and iliac crest with the tape all around the body in horizontal position
- A mirror behind the patient allows the measurer to check the tape is horizontal
- Coefficient of Variation in measurement about 2%

